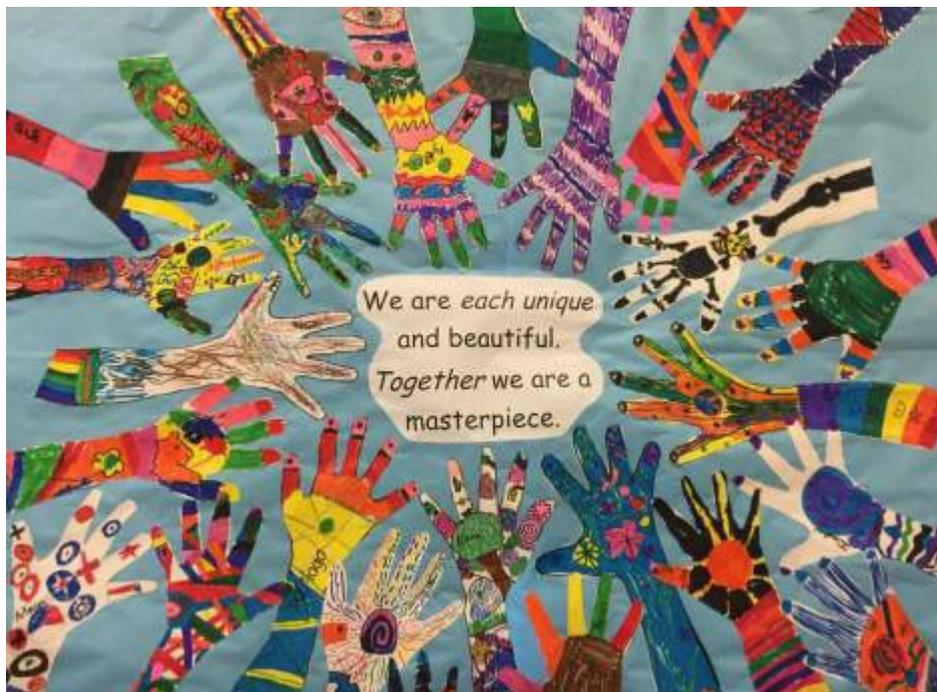


Dalgety Parish Church Magazine

Autumn 2018



Church Family

Deceased:-

Mrs Betsy Sneddon
Mrs Olivia Scott
Dr Eyvor Sandison

Baptisms:-

Emily Rose McLuckie,
daughter of Jamie and Amanda

Olivia Molly Anthony,
daughter of Murray and Mhairi



Who To Contact

Minister

Rev Christine Sime, 01383 822316, CSime@churchofscotland.org.uk

Session Clerk

Isobel Macfarlane, 01383 822990, isobel@dalgety-church.co.uk

Church Office, 01383 824092, office@dalgety-church.co.uk
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Dalgety Parish Church, Regents Way, Dalgety Bay, KY11 9UY



Dalgety Parish Church of Scotland

Minister's Musings

Terrified of flying!! Technophobic!! New laws regarding data protection!!

A conversation in the past few weeks reminded me of when escalators were first introduced! Yes, I was there! In a department store in Edinburgh I remember watching so many folk get one foot on but, scared to take that next step, they learned how to do the splits very quickly! It seems nonsense now and yet it was 'new', very different and folk took time to learn how to use them. It helped me understand my Granny's fear of electricity! Her old style range was what she cooked on and her back boiler was her only source of hot water right up to the late 1980s.

New ways can make us nervous and yet, if we never took that next step and fully committed to new ways, we would be in a mess. Without the car, the amount of manure on our roads would be – well – roses would be abundant!

New ways require new mind sets: we need to think differently and adapt. It does not mean we change our destination, but we might need to change how we travel, and in faith we are on the road to be more like Jesus, to learn more of God. Today we have new laws to keep, new technology to help us learn and discuss and to help us worship and praise. These laws and technologies do not change what our purpose is, but unless our faith lives in the 21st Century it will eventually be consigned to the past.

Reading The Bible requires us to use eyes, minds and hearts of today. While the lessons are the same, we need to take the next step to help our journey continue.

Christine

Youth Zone

Youth Zone, our group for youngsters who are in P4 to P7, will be on each Friday in September, from 4.00 pm to 5.30 pm, starting on Friday 7th September. We meet in the church hall and this is a time to relax after school, meet with your friends and perhaps make new friends. This is a great way to start your weekend, so come along and join us at Youth Zone.

We start with a snack and a chat, then discover what today's club activities will be.

Perhaps it will be a team game to use your energy, a puzzle to be solved in teams, or a surprise visit from someone special. You will have to wait and see on the day. There will be time to sit and discuss our faith, what God and Jesus means to us as Christians, and what God, Jesus or faith means to you. Questions and discussions are always encouraged.

Boy or Girl, this club is for you. Come one week or even two. Come to them all, that's even better. Miss a week, that's okay: the club will be on the next Friday.

REFRESH

Refresh meets on the last Friday of the month and at each meeting we look at a topic which refreshes us. The picture below shows the group holding their "heart hangers" with the words "God is love" on them. We thought of how God has a heart of love for us and this fact encourages us and refreshes us when we are perhaps feeling low.



We start our new session by meeting at Ale&Pate for a coffee and chat on Friday 31st August. Our September meeting will be the Macmillan Big Coffee Morning. We would love to have you join us at any of our meetings, where you will be made welcome by the group.

Dalgety Parish Guild

Each year The Guild raises funds for two nominated charities and this year those charities are The Sailors' Society and The Boys' Brigade. As this is the Year of Young People we are hoping to not only raise funds for the Boys' Brigade organisation, but to meet up with our own Boys' Brigade to see if we can help them in any way and also, if they can help The Guild. We look forward to investigating the possibilities.

As usual, The Guild will meet in the church hall on the 1st and 3rd Wednesday of the month at 7.30pm. The meetings are open to ladies, gentlemen, members and non-members. We do ask that if a non-member comes along for three meetings and wishes to continue coming along, they consider joining The Guild. The annual fee is £12.00 this year and we chuck change in a basket to cover the cost of tea, coffee, biscuits and any sundries. We start the meeting with a prayer and a hymn, followed by any necessary business and then we will have perhaps a speaker, a quiz, a demonstration or **make a banner**, which will be a first for us this year.

The first meeting for the new session is on 5 September and Hannah, Tara and Rachel are going to tell us of their experiences as National Youth Assembly reps at The General Assembly. On 19 September, Ken Reid, who is the partner of one of our members, is going to give us a presentation, Looking Back, Looking Forward, Beyond Sight Loss. 150 years of RNIB. Our syllabus will be on the Don't Pass By Table, so please take one, see what else we have on offer this year and come along to any of our meetings. If you would like to come along, but find coming out in the dark is an issue or you have difficulties which mean you need transport, we will come and pick you up and take you home. Call us on 01383 824092 (Church office) or 07192445219 between 6.45pm and 7.00pm on the evening of the meeting and we will arrange for a member to come and pick you up.

We are having two fund raising events: a cheese and wine in the church hall in November and a ceilidh in Dalgety Bay Sailing Club in January. More information to follow.

If you have any queries about our Guild, please contact me on 07912445219 and leave a message if I cannot answer your call at that time.

Thank you

Elma Doig

Our Rwanda Experience

In July we spent two weeks in Rwanda as part of a team with the charity, Comfort International and Bishopbriggs Community Church, the church we were part of when we lived in Glasgow. This church has worked with the charity for the past 10 years and has built up strong relationships with those they partner with in Rwanda. It is a landlocked country in the East of Africa, bordered by the Congo, Uganda, Tanzania and Burundi, is known as the "land of 1000 hills" and is incredibly beautiful. We were there during the dry season where temperatures were around 28 degrees.

Between April and June 1994, in the space of 100 days, c.1 million people were killed during the genocide. Many more faced rape and mutilation or witnessed family members being killed in front of them - the scale of atrocities was beyond belief. The charity, Comfort International, was set up in 1999, 5 years after the genocide, with the aim of supporting the recovery of genocide survivors. Since then, they have also addressed wider issues of poverty both in Rwanda and DRC. Its aim is to encourage individuals and communities to transition from requiring basic care and relief support, through to being a self-sustainable and healthy community. The people of Rwanda are looking for a hand up, not a hand out. They are a determined nation which is committed to a better future for everyone.

During our time there we had a very full itinerary and, being Africa, it rarely went to plan and we never quite knew what was happening next! You soon learn to go with the flow! We really enjoyed being involved with each of the projects, each one quite different and challenging in many ways.

Initially our main reason for going on the trip was to meet the mum and baby we have sponsored for the past year and a half through Comfort Babies. It was great to spend time with them and the other mums and babies and to see firsthand the difference sponsorship is making to their lives. Comfort Babies started a couple of years ago with one mum and baby being sponsored: this very quickly grew and there are now 60 being supported. These are often young girls facing dire situations and we spent a fair amount of time with the project in different ways. Since April, a house has been rented and currently 5 of the most vulnerable mums and babies are living together as a family.



Some of the team spent much of the second week painting the entire house and the transformation was incredible. The paint was purchased with money donated here in Dalgety Parish, so thank you to all who contributed to that. It really has made the house much more homely.

We also travelled to the Karongi District and spent three days visiting three Community Projects. In each community we did some practical work alongside them to show our support and also met with the local community leaders to listen to their hopes and plans for the future and to see how we could best support them. These meetings always involved lots of speeches, worship, prayers and testimony of how God is working in their lives and communities. It was really a great time of sharing of faith and building relationships.

Probably the projects that really pulled at our emotions the most were the Street Kids Rescue Projects. We visited two Street Kids Projects and in both cases these were children that had been living in or around the city rubbish dump. The children were keen to take us to see the rubbish dump where they used to sleep. It just doesn't bear thinking about, but it was amazing to see how the lives of these youngsters have been transformed. Through sponsorship, these children are now fed, clothed, have somewhere to live, can attend school and have medical cover. While we were there we gave them clothing (they love football strips!), played games and did some crafts. These kids are amazing, full of life and love and thankfully now have a very real hope for their future.



Having heard stories of some of the horrendous things that took place during those 100 days of the genocide, it's hard to imagine how a country so torn apart could possibly move on. Time and time again during our visit we heard testimonies from people, both survivors and perpetrators, about how they had become reconciled with each other. The government has actively encouraged perpetrators and victims alike to attend healing and reconciliation groups. We can honestly say from our own experience that there is a love and a peace about these people that can only come from God. We have worked alongside communities in the fields with perpetrators and victims together, unable to tell the difference.

We really value the time we spent in Rwanda and the privilege of meeting some amazing people. Relationships are so important and we very much look forward to the day when we can be with our Rwandan family again!

Michael and Anne Yarney.

Focus on what's happening at DPC.

Prayer

It seems too obvious to say that Prayer is at the core of Dalgety Parish Church; but it is! Private prayer, public prayer and other opportunities. Would you like to join with these other opportunities? What are they?

The Monday evening prayer group meet at 7.30pm, in the Church Quiet Room, opening with devotions and then with a chat about needs, local, regional, national, global. Various prayer requests are brought to the group, including those left in the prayer box in the Hall of Fellowship. A time of prayer follows when those who wish to can pray out loud about the needs already discussed. There is no need for each person to pray 'out loud': silent prayer reaches the ears of God too. However, getting together does help share concerns and ensures those asking for prayer (through the prayer box) know they are included.

Prayer triplets: as it suggests three friends get together regularly to share their own needs and needs around them; then prayers are said by each person for each other. This helps forge friendships and offers a listening ear and a confidential group you know are there for you, as you are for them. Some of our existing prayer triplet also pray specifically for an area of our worship and service. Meetings can be anywhere - church, park, someone's house and are a good way to include those less mobile. Meet as regularly as you want. If this is something you would like to do but are unsure who else might be interested and so who else you might approach, get in touch with Christine, or and we can try to help 'match up' triplets.

Prayer chain/wheel! Something for everyone! As part of this you would be asked to pray for specifics, not always by name or with much detail, but the 'lead' would contact the chain or wheel of pray-ers and ask them to pray in their own time – on their own. This might be for you if you don't particularly want to, or are unable to meet up with others regularly. Involved in the prayer life of the church, your prayers would be a huge help and support to others.

Personal prayers of course, in your own way, in your own time, are all as valuable. Please do continue to pray, remembering Dalgety Parish Church in those prayers - the worship and the work, the people and events.

Discipleship

Put simply, discipleship is learning how to grow and mature our faith. Learning never stops and being able to deepen our awareness of God's presence and love in a world that constantly seems to be challenging, what we believe gives us confidence and strength to retain hope. It also gives us what we need to meet the challenges positively.

Learning can come through worship, whether on Sundays or at Messy or Café Church - hearing the Word, singing the hymns, listening for God: also through Bible Studies, House Groups, Discussion Groups. At the moment we have 4 Bible Study Groups.

Every Friday at 10.30 am, in Room 3 in the church - an hour of easy Bible Study.

Thursdays: fortnightly (see Order of Service for details).

Monday Evenings, 7.30 pm, usually 3rd Monday of each month: a deeper look at a Scripture passage.

Service

Many of our congregation are involved in groups in the community and beyond, volunteering and helping others get out and about. Within the church itself we have a pastoral Care group who visit some of our folk who are unable to get out and about very much, or who, for whatever reason, need a little more support for a while. CDs and DVDs, or emailed DVD of our services are also available and are distributed to folk who can't be at church. A great way of keeping connected and being included in worship.

Upcoming Services

Evening Services: 9th September, 14th October, 11th November 2018, all at 7pm

Peace Service: 2nd September 4pm in the Peace Garden

Harvest: Sunday 16th September 10.30 am

Remembrance: 11th November 2018. Service starts at the War Memorial 10.50 am, after which the service continues in the church.

National Church News

With the decisions of this year's General Assembly now being passed down to Presbyteries, Kirk Sessions and congregations, we have a challenging time ahead and need to grasp a number of nettles that will certainly cause pain. However, not to grasp them leaves them to grow stronger and more difficult to deal with.

The problem is we simply cannot run parishes as we have for such a long time. We cannot retain and maintain properly all our buildings; we need to keep, adapt, build church buildings that are in the right place and fit for purpose: that is the purpose of being church as God intends.

In our own Presbytery, within 5 years – just 5 years - we may have just 10 parish ministers where there are at the moment an allocation of 22, so huge discussions are needed remembering we are not a congregational church where every church can simply decide its own future. We are Presbyterian and need to work towards the best outcome for all parishes. Sharing resources, being sensible in what we can and can't do. Some painful decisions will be made, but we have run out of options! Well – we have not run out of options. The option before us is the option we have always had, the option we need to remember what is central. This is to be what God wants us to be; to share and above all, to share the gospel of good news; to trust in God, rely on our faith, and believe that His way will lead us through.

Opportunities lie ahead. The road will not be smooth. But our Guide will lead us if we let him.

Boys' Brigade

The Boys' Brigade meetings start again on Thursday 23rd August and there are spaces in all sections.

Enquiries about our group are always welcome and I can be contacted on 01383 410055.

Lorna Harley

Volunteer Drivers needed for The Sunshine Group

The Sunshine Group meet in Dalgety Parish Church on the 1st and 3rd Thursday of each month. The Sunshine Group is here for people with dementia as it has been proven that singing is good for the brain. A carer/relative must accompany the person with dementia. The group starts at 1.45pm with refreshments and we all then go through to our big hall to sing and dance, though dancing is not compulsory! We have a fantastic band and a large screen with all the words for the variety of songs. The fun goes on till 4pm, when it is time to head home. The group is free to attend, but you may wish to put a donation in for tea and coffee.

Please note the group will be cancelled on THURSDAY 6TH SEPTEMBER due to voting.

This twice monthly afternoon out brings a lot of joy to the lives of members of our community, who do not find it easy to get out and about. We are currently very short of drivers to get some of our people to the group and back home. So, if you have any spare time on any of these days to either pick-up participants and drop them off at the Church for 2pm and then return them home at 4pm, your help would be really appreciated.

Please contact either:

Isabel Stanners: 01592 874729

Janet Milligan: 01383 432153

Sue Lloyd: 01383 829533

Guaranteed to make you feel clever

Taken from an actual student's examination paper:

Pharoah forced the Hebrew slaves to make bread without straw.

Moses led them to the Red Sea, where they made unleavened bread, which is bread made without any ingredients.

Afterwards Moses went up on Mount Cyanide to get the ten commandments.

David was a Hebrew king skilled at playing the liar.

He fought with the Philatelists, a race of people who lived in Biblical times.

Solomon, one of David's sons, had 500 wives and 500 porcupines.

RE-ACT Refugee Action Scotland

The refugee crisis may have slipped from the headlines but thousands of refugees are still living in squalid conditions in camps in France, Greece, the Balkans, Turkey, Lebanon, Syria and elsewhere. Many are forced to sleep rough or in flimsy tents. As

Christians we believe that everybody has a right to life; their needs do not matter less merely because they were not born into a more peaceful and privileged society. We are all people, we are equal, we all have a right to a basic quality of life and we all deserve a chance to live in peace.

Re-Act - Refugee Action Scotland - is a not-for-profit co-operative, run by volunteers and launched in response to the growing refugee crisis. They are part of an expanding organisation throughout the UK, working to fundraise and collect vital donations to transport to the refugee camps throughout crisis areas of Europe, Lebanon and Syria. Find more details online – re-act.scot/

This winter, Samos is the island that Re-Act is looking primarily to support. At the moment there are over 700 children between the ages of 2 and 12 in the camp. Re-Act are taking their truck out there in October with winter and medical aid collected in the monthly local Donation Days.

Re-Act also help with the integration of refugees arriving in Scotland, providing furniture, food, clothing, etc. and offering playgroup activities, conversation classes and workshops.

Last year our Harvest Appeal was in support of Re-Act and since then the congregation has continued to donate clothing etc. for the refugees. Please continue this support by handing in donations of clothing etc. to the church.



Donations of clothes etc. The following items are needed

- warm winter clothing for men and women, in **small and medium sizes only**,
- warm children's clothing,
- coats, jackets, new underwear & socks, waterproofs,
- sturdy boots / trainers, baby clothes/shoes, baby wipes and nappies,
- kitchenware, small toys, first aid supplies,
- school supplies and stationery.

As well as donations of clothes etc., our efforts depend on volunteers from the congregation –

- Storage space for donated bags is limited in the church, so we are looking for extra space such as unused corners of a garage. Can you find room for some bags before they are taken monthly to Kirkcaldy or Edinburgh?
- Items donated in bags are taken once a month to Re-Act sorting places - in Kirkcaldy, or Edinburgh – and volunteers are needed to transport them from the church.

Can you help ?? Please contact Connie Dobson 07810579501 or Alastair Inglis 01383822115

Finally – please consider making a monetary donation. via Paypal, using: <https://www.paypal.me/ReactVolunteers>



The Christian Aid Group: A New Challenge

The summer is a natural break that gives us a chance to review last season and look forward to the next. Last season, we held The Christian Aid Concert in November, featuring the Inverkeithing Community Big Band, which was very successful and raised over a thousand pounds. In May we had the house-to-house street collection which raised £4,923.17. This is slightly lower than last year's total, but pleasing given the smaller team this year. As many donors completed gift-aid forms, Christian Aid will be entitled to an additional amount of almost £500 tax-refund.

The Group also recruited the Stewards for the sponsored Bridge-Walk, organised by Christian Aid Scotland, in April. There were over 290 participants and nearly twenty-three thousand pounds was raised which was a heartening result for the many stewards who braved the elements to stand on the Bridge for their shift. (even when it is warm and sunny in Dalgety Bay, it is cold and windy way up high on the Road Bridge!)

But the coming year presents a challenge. Last year we lost a couple of members of the Group and this year more are retiring. If we are to continue raising money we need new recruits. The work of our Christian Aid Group is extremely important because the money is used partly to help the victims of disasters, famine, and war and partly to fund Christian Aid projects that help some of the poorest communities in the world to work their own way out of poverty. This emphasis on projects that will carry on long after the funding has stopped is at the heart of Christian Aid's strategy to attack world poverty. They are rolling back world poverty, but depend on fund-raising to continue their work and our ability to continue our successful fund-raising depends on us getting new recruits to our organising team.

The Christian Aid Group would like to thank everybody who helped last season; those who helped organise the Concert; those who helped organise this year's collection; those who collected, those who donated so generously and those who contributed to stewarding the Bridge walk.

To find out more about joining a group that is transforming the lives of the wretched and the starving, contact Malcolm Lappin, (01383) 820158, or via the office.

"Thinking Aloud"

When the Church's view is quoted in the media, is that your view too?

Why don't all Christians hold the same opinions?

Who or what influences your opinions?

Do you take time to listen to the opinions of others to check if you're still happy with your own?

Thinking Aloud is an opportunity to explore a range of topics affecting our everyday lives where the Bible is silent or ambiguous or where its message is seen as irrelevant in modern times.

Thinking Aloud is aimed at all those whose faith journey includes doubts and unanswered questions and those who are willing to share the answers they have found.

Thinking Aloud ran from the autumn of 2007 until Christmas 2013, on the 2nd Thursday of each month. We covered a huge range of subjects, which were predominantly from a long list of topics I personally wanted to hear other peoples' views on and to get people thinking.

This is just a selection:

Bible Pic 'n' Mix

From Size '0' to Obesity

Faith Can Move Mountains

Is Anyone Afraid of Hell?

What is University education for?

What Makes A Place Holy?

Free Will

Mobile Phones: A Modern-day Convenience?

Dinosaurs and Evolution

What's the alternative to oil?

Allergies

The Sabbath

GM food

Bums on Seats

I still have notes on all the topics and wondered if anyone was interested in a rerun of topics you may have missed. Different combinations of people can produce different discussions, so, even if you've been before, we could head off in other directions this time. I have a few new topics too and of course, *you* may have topics you wish to explore at future meetings.

It is my intention to hold the new series of Thinking Aloud on the second Tuesday of the month starting **at 7.30pm on Tuesday 11th September at 6 Forth Reach, Dalgety Bay.**

I would be grateful if you could let me know if you're interested whether regularly or occasionally so that I can judge if this could viably go ahead. Thank you.

Lesley Shaw

About Public Access Defibrillators

Every week in Scotland, around 70 people have an out-of-hospital cardiac arrest. It can affect people of all ages, and often occurs in people with undiagnosed heart conditions.

If someone suffers a cardiac arrest, their chances of survival are very low. Currently, only one in 12 people are likely to survive.

To give the best chance of survival, treating someone quickly is crucial. For every minute the person goes without treatment, their chances of survival drop 10%.

If CPR is performed, and a defibrillator is used within the first few minutes of collapse, the person's chances of surviving are dramatically increased.

That is why having defibrillators publicly available, so they can be used at a moment's notice in an emergency, is critical.

Modern defibrillators are well designed, easy to use devices which can be used by any member of the public, with no prior training required.

This means that any member of the community can act before the arrival of emergency services, to give the person the greatest chance of survival.

The church's Public Access Defibrillator is registered with the Scottish Ambulance Service. So if someone suffers a cardiac arrest nearby, a responder calling 999 will be directed to the defibrillator and given the code to open the secure box.

The defibrillator itself gives verbal instructions when switched on, and will only give an electric shock if required to do so. It is impossible to hurt someone, or shock someone accidentally if they are not in cardiac arrest.

Since it is situated outside, our defibrillator is housed in a specially designed heated cabinet, which protects it from low temperatures. The cabinet also offers security from theft or vandalism, and ensures the defibrillator is highly visible in the community.

Bae Systems along with St John Scotland helped provide the defibrillator as part of their drive to increase access to the devices in communities across the country. Volunteers from St John Scotland in Fife are working to install more of the devices across the area, to help save lives locally.

You can read more about St John Scotland on their website:

www.stjohnscotland.org.uk



Dalgety Parish Church Team Relay for Life

A team of 11 people from Dalgety Parish Church participated in the 24 hour Relay for Life at Dalgety Sports Centre on 16-17 June. All the money raised by the teams and stalls at this annual event is donated to



Cancer Research. Unfortunately, the weather was horrendous. We set off at 10am on the 16th in heavy rain and there was thunder and lightening during the rest of the day, but that did not dampen our spirits. Thankfully the sun came out in the late afternoon and we all dried off before night set in. The event was filled with emotion and reflection, especially at the Candle of Hope Ceremony which is held at dusk.

Thanks to the effort of our team, the total amount of money raised by sponsorship was £1,804.00. A tremendous achievement. Thank you for your support. I would also like to thank Gordon Stevenson's Scout Group for once again providing a tent to keep us dry and warm throughout the day and night. (The group had little sleep due to hilarity, which sometimes verged on hysteria, as the night progressed). Brian and Lesley Shaw very kindly delivered our evening meal and the Mens' Breakfast team provided us with a breakfast of hot bacon rolls and coffee to keep us awake through the Church service on Sunday 17th.

(A proposal was put to Christine that she go from the Intimations straight to the Benediction.) We did appreciate Christine joining us early on the Sunday Morning to serve Communion. It was a lovely way to end the 24 hours.

Our team is getting smaller each year and we would welcome anyone who would be interested in joining our team next year: even if you can only come and walk for a couple of hours, this allows the team members who have committed to staying for 24 hours, the chance of some extra rest. Please give this some serious consideration when we are looking for team members next year.

Isabel Stanners

Date of next Messy Church

Sunday 30th September

3.00 pm - 5.00 pm



Engcongolweni

During the summer services, Christine focused our attention on Larry Kreider's *'Personal House of Prayer'*, each room in the house dealing with an aspect of the Lord's Prayer. It is a prayer with universal appeal. In Chitumbuka, the language spoken in Engcongolweni and northern Malawi, it reads like this:

Wadada withu, Imwe muli
kuchanya, litumbikike zina linu.

Ufumu winu wize.

Khumbo linu lichitike pasi pano
nga nkuchanya

Mutipe lero kurya kwithu kwa
lero ndipo muitgowokere mateo
ghithu umo nase
tawagowokerera wamateo withu.

Ndipo mungatitoreranga mu
kuyezgeka kweni mutithaske mu
uheni Pakuti Ufumu ngwinu, na
nkhongono, na uchindami wa muyirayira.

Amen

In your prayers for Engcongolweni, please remember Rev Henry Nkosi, his wife Tilly and their family; and those who visited us in 2016 - Vaison Nhlema, Session Clerk; Joubert Soko, Dolisa Mtawali and Humphrey Chione. Pray also for Rev Nase Chunga and Geoffrey Simbeye, now both in Ekwendeni.

In the last edition of WOW, we noted that we were starting to review the twinning with Engcongolweni CCAP. We have sent them a letter and they will be calling a Kirk Session meeting to discuss how we move forward.

The whole area is still incredibly poor, although great benefits have come through the provision of fresh water and the birth of piglets in July. Eleven sows gave birth to 63 piglets and a further six have yet to give birth. Unfortunately, some piglets did not survive but thirty-three are being passed on to other people and the male piglets will be sold. Vulnerable children will be the beneficiaries from the sale.

One of the greatest gifts we can give the children from Engcongolweni, particularly the girls, is enabling them to have an education. In Scotland, we take this for granted. In Malawi, pupils have to pass the qualifying exam before they can attend secondary school – for which



they have to pay. Often schools have no resources and pupils then leave at an early age and find back-breaking employment in the likes of the tobacco fields. Child labour is rife and children are often exploited by unscrupulous employers. Providing money, through the sale of pigs, for education will help to put an end to that practice.

Our prayers then, are not just for people but should be for the end of injurious practices, for good governance of the country, for an end to corruption, for a reduction in the HIV/AIDS prevalence rates, for improved health and school attendances, for good teachers and sufficient school resources... the list goes on. As we share our prayers here, our friends in Engcongolweni will be praying for us. As we pray the Lord's Prayer, our friends will be praying it too, all of us part of God's family on earth.

Dalgety's Got Talent

Friday 28th September 7pm

Come and be entertained by the stars of Dalgety Parish Church
New faces, familiar faces, songs, music and poetry.

There's no charge to come and watch and no charge to take part.

Home-baked refreshments will be available during the interval.

If you have a talent and would like your five minutes of fame please contact:

Isabel (01592 874729) or Margaret (margaret.haynes2018@gmail.com)

And let us know what you can do!

Are you unable to get to Church or have hearing problems?

- 1) A video downloadable to a computer can be watched at your leisure- see Roger's article below.
- 2) A CD giving sound only, contact Joan Tennant.
- 3) A Live Streaming of the service on You Tube – still experimental but worth a try, see Rogers article below

For those who have difficulties **hearing** the service Roger says:-

The Church worship area and the main Hall are covered by an induction loop system. Old fashion analogue hearing aids had a switch that could select (M)icrophone or (T)ele, T being the induction loop system. I have found out recently that, **when being fitted with modern digital hearing aids, the loop system only works if you actually ask the technician to enable the optional switches for the** induction loop .

If you do have a hearing problem that doesn't warrant hearing aids, such as tinnitus or background noise, the sound is also broadcast on 107.1 MHz FM within the confines of the Church. This can be received on a pocket radio, or an MP3 player that has a radio option, or an old mobile-phone using headphones. Please note however, the latest digital smartphones can have about a half second sound delay, or latency

For around thirty years, Joan and David Tennant have been making sound recordings of the 10.30 Sunday services for distribution to the housebound, originally on "Compact cassettes" and now on CD's .

About two years ago we looked at Live Streaming video over the internet, but at that time most domestic broadband systems could not keep up with the data rate. In addition, the streaming equipment was cobbled together using a computer webcam or mobile phones plus video encoding black boxes etc all taking up lots of space . As an alternative I developed a reliable alternative know as RED –

"Record-Edit-Distribute" ... This entailed recording the service on a fixed video camera. Immediately after the service I then trim the start and finish (edit). As the file is too big to send as a email attachment, I upload it to a free distribution service called "We-Transfer" who in turn send an email back containing a "LINK" (like a password) . I then Distribute this email as a "Blind Carbon Copy" to the "Dalgety Video Group" which contains at present around 35 recipients who then click on this " link" to download the service. The download usually takes around one to fifteen minutes depending on the internet connection speed. It can be accessed anywhere in the world including over the free NHS hospital internet that's usually too slow to permit live streaming. The service stays on the We-transfers server for exactly one week to be replaced by the next weeks recording.

If you, or friends and relations would like to receive this link to the download, all we need is an email address. Hand your details into the church office, or leave a note with myself or the Rev. Christine. Once you join the video group its entirely up to you if you download or not.

Live Streaming

Presently, we are streaming over You Tube. You can find the experimental live stream at 10.30am by clicking on You Tube then search Dalgety Parish live stream (using the little magnifying glass icon). Some time later it appears on You Tube's listing as a download, saying something like:- Dalgety Parish- one view 1 week ago.

Recently, self contained "Live Streaming Cameras" have become available. We now have one located next to the existing RED camera giving the same field of view.

We are still experimenting with the the sound and vision quality, and the stability of the internet church Wi-Fi to prevent unexpected drop outs etc.

Roger Tebbutt and the AV team

Sponsored Golf Competition

The last week in May saw 42 golfers take to the fairways of Aberdour Golf Club for our annual golf competition against neighbouring church, St Fillan's, vying for the David Rutherford Cup. Despite some beautiful weather conditions, the course being in great conditions and some excellent scores, the



Dalgety team of Jo Daley, Angus Ritchie, Gordon Ritchie, Tim O'Brien, Tom Young and Sandy Laing were unable to see off the challenge from St Fillan's team. A short prize giving ceremony took place on the Friday evening when Christine Sime presented Peter Gerbrandy Baird with the David Rutherford Cup. Jo Daley received the Jessie Pearston Trophy for the best Dalgety lady's score and Angus Ritchie collected the Hugh Martin Cup for the best gents score.

The fantastic sum of £1217 was raised by the Dalgety golfers and this will be divided equally between Christian Aid and Fife Macmillan Nurses. Many thanks to all the golfers who participated in the competition and to all their sponsors who gave so generously. Christine is keen to get Dalgety Parish Church's name back on the Cup again in 2019 so keep practising and, if you've never played in the event before, consider joining us next year.

How much do we really know about plastic?

A good question! Disposing of plastic waste has become a major problem for all societies and we regularly read of detritus being washed up on the shore of tropical islands and the damage that is being done to marine wildlife. We are encouraged to dispose of our waste in a proper manner and recycle what we can but many people are confused about the labels on our plastic packaging and what they mean. Can everything be re-cycled? Unfortunately, the answer to that is 'no'. Let us look at some of the recycling symbols and what they mean:



Items with this sign are widely recycled.



This means that an item can be recycled but not all local authorities collect these items. These need to be checked locally.



It is possible but very difficult to recycle this type of packaging and most recycling plants will not take these items. They end up in landfill.



The 'Mobius Loop' shows that an item can be recycled.



This means that glass can be recycled but remember and separate the different colours.



An item showing this indicates that it has been made from recyclable aluminium.



Confusingly, this does not necessarily mean that an item can be recycled. It only indicates that a producer has paid into a scheme that supports recyclable packaging. The packaging may not be recyclable.



This is a reminder to us to dispose of an item appropriately.



Wood-based products from forests that are well managed.



The triangles with a number in the centre indicate the type of plastic.

1 - Polyethylene Terephthalate (PET) - soft drinks bottles; is easily recycled into more soft drinks bottles.

2 - High Density Polyethylene (HDPE) - milk cartons, yoghurt pots; is easily recycled into garden furniture, pipes and more milk cartons

3 - Polyvinyl Chloride (PVC) - pipe fittings, thermal insulation, car parts; is difficult to recycle but makes more PVC products

4 - Low Density Polyethylene (LDPE) - food & shopping bags, magazine wrapping; can be recycled into bin liners, floor tiles

5 - Polypropylene (PP) - margarine tubs, microwave meal trays; is easy to recycle into clothing fibres, food containers

6 - Polystyrene (PS) - plastic cutlery, protective packaging; is difficult to recycle but makes more packaging

7 - Other - composites where multiple polymers are layered on top of each other, such as salad bags and crisp packets are almost impossible to recycle. These items go to landfill

(with acknowledgement to Which?)

In Fife, around 70% of our waste is recycled and Fife Council wants to improve on that. With China having banned the import of low-grade UK recycling the nature of our plastic recycling will likely have to change as some local authorities are not geared up to recycle mixed plastics as they are expensive to sort and clean. Unfortunately, going to the supermarket makes it virtually impossible to buy products without some kind of plastic packaging.

What can we do in our care for creation and the environment? We should consider carefully if we can reuse items rather than disposing of them. We can challenge the supermarket's use of plastic, we can buy loose vegetables instead of pre-packed, we can stop buying items that are plastic-wrapped... the list goes on. We could return supermarkets' plastic packing to their stores - a build-up of plastic waste in their loading bay might help change their view!

Our payer for Creation: Lord, you have entrusted the world and everything in it to us; we acknowledge your gifts and pray that love may find a way in the world to enable us to enjoy them without spoiling them. Amen.



You are invited to join with us to celebrate the
Sacrament of
Holy Communion

Sunday 9th September
10.30 am

All are welcome at the Lord's Table